



Rules And Regulations - 2010

I. ASSOCIATION RULES

1.1 Individual Requirements

- 1.1.1 All members wishing to join WZ Physical Culture and Dance must pay an affiliation fee per person as set out below. This fee is non refundable and is to be paid to WZ no later than the end of February, 2010.

Registration Fees –

Age Group	Registration	Sports & Public Liability Insurances
3-4 years	\$25.00	\$25.00
5-Adults	\$50.00	\$25.00
Senior Citizens	\$25.00	\$25.00
Family (3 or more)	\$100.00	\$25.00 each
Club Fee		

- 1.1.2 The complete amount of the above fees must be paid to WZ at the time of registration. A 10% late fee will be charged on all registrations that are not paid to WZ within the same month as the individual joining a club. Refusal to pay the above fees, or a part thereof, will result in WZ Physical Culture and Dance declining acceptance of the individual as a member.
- 1.1.3 Individual WZ affiliated clubs are permitted to add an administration fee to the registration and insurance fees. This fee is kept by the individual club to benefit the club members.
- 1.1.4 An individual wishing to transfer from one club to another will need to be cleared financially. A letter from the instructress of the previous club should be requested to ensure no debts are incurred. Transfers from one club to another are to be clarified with WZ Managers.
- 1.1.5 Members of WZ Physical Culture and Dance can only be registered with one club during that year.
- 1.1.6 The Insurance portion of the above fees must be paid in full prior to the member taking part in any of WZ affiliated club classes.
- 1.1.7 In the unfortunate event of an accident occurring, whether during training for competitions or in the spectator area, an incident form must be completed for our records. This form will be provided on request. Members are advised that if they believe that a certain part of the syllabus will cause them injury or they are physically not able to carry out parts of the syllabus, they should stop doing this part of the syllabus immediately and bring their concern to the attention of their teacher.

- 1.1.8 All members returning to physical culture following an injury, operation or major sickness (i.e. pneumonia) must provide a medical clearance from their health professional advising that they are fit to resume physical culture. In the case of pregnancy, it is recommended that members do not compete after 34 weeks and cease classes from 36 weeks.

2. COMPETITION RULES

2.1 Dates, Times and Venues for Competitions

- 2.1.1 Dates for Champion Girl heats, teams and finals competitions will be notified, WZ will endeavour to book these competitions for September and October or November.
- 2.1.2 Times for individual age groups will be allocated when final numbers of members in each club have been received by WZ. It is important for members to advise their teachers if they do not wish to compete to enable WZ to provide more accurate times.
- 2.1.3 The venues for competitions are booked by WZ. An audience entry fee to all competitions will be charged.

2.2 Gradings

- 2.2.1 **ADVANCED:** By invitation only from WZ Managers. Advanced gradings will be reviewed at the beginning of each year and those going to Advanced will be advised by letter. If, after two years in the Advanced Section, a place is not achieved, the WZ member has the choice of returning to the A Grade Section or remaining in Advanced.
- 2.2.2 **A GRADE:** Members who have gained 1st or 2nd Place in 'B' Grade WZ Champion Girl or Lady competitions. New members who have competed in open and 2nd year, Opera House, Town Hall and Semi Final sections in BJP, Burns and Edith Parsons associations. Teachers unsure of what grade a girl or lady should be should notify WZ Managers who will decide the grade.
- 2.2.3 **B GRADE:** Members who have participated prior to this year with WZ or any other Physical Culture association.
- 2.2.4 **C GRADE:** Members who have never participated with WZ or any other Physical Culture association, beginners only.
- 2.2.5 **Open Seniors:** Seniors aged 25 and over learn B Grade Seniors work and the Ladies Toedril for all competitions. It is not compulsory for Seniors aged 25 and over to compete in this section, if they were A Grade prior to this age, they have the choice of remaining in A Grade or going to the Open Senior Section.
- 2.2.6 **Open Ladies:** Ladies aged 45 and over learn B Grade work for all competitions. It is not compulsory for Ladies aged 45 and over to compete in this section, if they were A Grade prior to this age, they have the choice of remaining in A Grade or going to the Open Ladies section.
- 2.2.7 Before a heat in any grade can take place there must be a minimum of 8 registered competitors. All members will be upgraded to next grade, e.g. C up to B Grade if there are less than 8 registered competitors in WZ. This upgrade will take place at the discretion of WZ Managers and is not negotiable, competitors will be notified prior to the competition.

This ruling will not apply on the day of competitions if all competitors do not attend on the day of their age group and grade's heats.

2.3 Age Groupings (age prior to 1st September)

3-4 years

5 years

6 years

7-8 years

9-10 years

11-12 years

13-14 years

15-16 years

Seniors - From 17 years

Open Seniors - From 25 years

Ladies - 25-44 years

Open Ladies - From 45 years

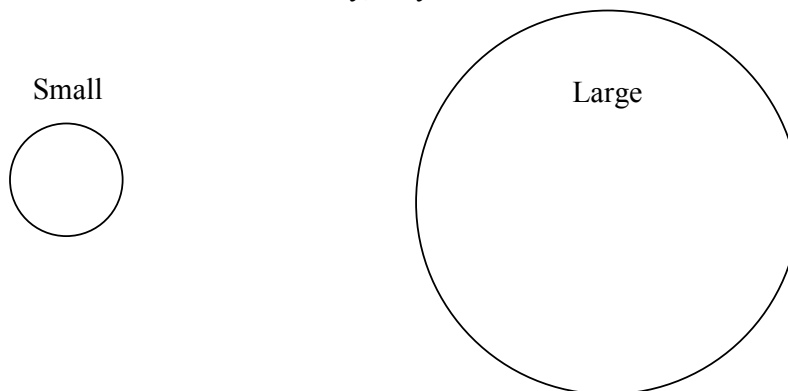
2.4 Uniform Requirements, Appearance and Accessories

2.4.1 Each competitor must wear a WZ leotard, skin tone shimmers (except 3-4 years) and silver ballet shoes for all Club, Champion Girl, Team and Grand Final Competitions. Seniors and Ladies may wear fishnet stockings.

2.4.2 All leotards for all competitions must be purchased through WZ. Competitors will not be permitted to compete in any other leotard.

2.4.3 Regulation silver ballet shoes must be worn with silver elastic sewn on the inside of the shoe. Elastic must not be twisted. Standard width of elastic must be used.

2.4.4 Hair is to be worn off the face. Long hair should be confined to ensure that it does not interfere with the competitor completing the syllabus to the satisfaction of the judges. Ribbons are to co-ordinate with leotard colours and should be no wider than one inch. Hair accessories must be kept to a minimum of four small and one large piece, the pieces must fit within the circles below, if they are larger than these circles they will be removed. Spray glitter is not to be used. If the competitor is uncertain about an accessory, they are advised to consult their teacher.



2.4.5 No jewellery is to be worn while competing except for wedding bands.

2.4.6 No nail polish is to be worn while competing.

- 2.4.7 Make-up:
3-4 years are to wear no make-up.
5-12 years are permitted to wear a pale or neutral lipstick or gloss only.
13-16 years are permitted to wear light 'natural' make-up including a thin layer of foundation, pale eyeshadow and blush and pale lipstick or gloss.
Seniors and Ladies are permitted to wear make-up of their choice excluding glitter.
Fake tan may be worn but must be kept to a minimum.

2.4.7 Each competitor is responsible for their own belongings at competitions.

2.5 Eligibility to Compete

- 2.5.1. All WZ members must attend classes to learn the syllabus during the year to be eligible to compete in the Champion Girl/Lady Competitions. The discretion of the Teacher is to be used as to whether the girl or lady is suitable to compete in any team competition.
- 2.5.2 All competitors must be financially cleared to be eligible to compete in all competitions. This includes registration and insurance fees, and all class and leotard fees to the individual's club.
- 2.5.3 After competing as a lady or senior for 12 months, any lady or senior wishing to change from one section to the other must remain in that choice of section for a minimum period of three years.
- 2.5.4 Competitors must compete in the age group they register as at the beginning of the year. Competitors are not permitted to change age groups at any time throughout the year, unless discussed with WZ Managers.

2.6 Teams

2.6.1 *Teams Composition*

- ❖ 5, 6, 7 or 8 members of WZ Physical Culture and Dance may be used in a team.
- ❖ All clubs must present in writing a full list of all teams competing to the Association one month prior to competition.
- ❖ *7-8 years*
 - To be made up of 7-8 year of all grades. 5 and 6 years are able to go in the 7-8 years teams but must do the 7-8 years syllabus.
- ❖ *9-12 years, 13-16 years, Senior and Ladies Teams*
 - Teams can be made up of any girls in these sections, e.g. Age 9, 10, 11 or 12; Age 13, 14, 15, 16; C, B, A, Open and Advanced Seniors; C, B, A, Open, Open Advanced and Advanced Ladies.
 - These teams will do the syllabus of the younger age group, e.g. 9-12 years section will do 9-10 years syllabus only; 13-16 years section will do 13-14 years syllabus; Senior section will do B Grade syllabus only and Ladies will do B Grade syllabus only.
 - No competitor is to be used twice unless the club only has nine girls and has exhausted all attempts to combine with another club where a competitor is not being used in another team.
 - Where clubs have enough competitors for two or more teams, each of the teams must consist of girls from each of the age groups, e.g. 9-12 years section to have 9-10 and 11-12 years in each team; 13-16 years to have 13-14 and 15-16 years in each team; Seniors to have C, B, A, Open and Advanced in each team and Ladies to have C, B, A, Open, Open Advanced and Advanced Ladies in each team.

- ❖ *Ladies and Senior Teams.* A maximum of 2 Seniors may be used in a Ladies team or 2 Ladies may be used in a Senior team.

2.6.2 *Team Guidelines*

- ❖ All Teams must complete one full square of marching in a single line, this may mean marching twice past the judges. All teams must march to “Open Ranks”. When teams have “Opened Ranks” they must stay in the position at which they arrived, unless requested to move by the judges.
- ❖ *7-8 years Teams*
This age group are to complete 8 counts each of arm swing, mark time and space (without moving) straight across the floor, not on the diagonal or in a straight line down the centre of the floor.
- ❖ Once in lines, each team must stand at attention for six counts before being asked to stand at ease. Teams are not permitted to stand easy or to fidget.
- ❖ When exercise music is ready, teams can be called to attention. All teams are to complete all of their syllabus for that age group, a stand at ease can then be called until judging is complete. Ladies may require and are permitted to stand at ease after exercise group for approximately 8 counts.
- ❖ Points will be deducted for variations in the syllabus. Teams must do the syllabus as it was taught by the choreographer.
- ❖ A marching formation may be done for open ranks but once in position, the formation should not be changed.
- ❖ Individual club marching music may be used for all teams.

2.7 **Judging**

- 2.7.1 WZ Managers will appoint judges for Champion Girl, Team and Grand Final competitions.
- 2.7.2 All Judges decisions will be final, no disputes will be entered into at the immediate completion of the competition. Anyone wishing to discuss discrepancies in judging are requested to do so by following the Complaints process below.
- 2.7.3 The judges take into account appearance and presentation as well as ability to complete the syllabus as taught by the choreographer, so the above Competition rules should be followed to ensure equality.

2.8 **Grand Final**

- 2.8.1 Any competitor who withdraws from the Grand Final following the heats competition will incur a fine of \$20.00. This fee may be waived if an appropriate explanation from the competitor is provided. All WZ Physical Culture and Dance competitors are reminded that a set number of competitors are taken to Grand Final, it is therefore unfair to compete in the heats competition if you are unable to compete in the Grand Final.

Non compliance with the Competition Rules may result in disqualification or a deduction in points for your club.

2.9 Club Competitions

Teachers are responsible for organising Club Competitions as set out in the Teacher's Rules. Clubs are permitted to combine grades in individual age groups if they do not have sufficient numbers for a competition.

3. Complaints

WZ Physical Culture and Dance Managers are aware that concerns do arise when dealing with clubs and competitions. It is important that you let us know about any concerns you may have and we provide the following avenues for you to voice these concerns.

- 3.1 Approach your club instructress. Many of your questions or concerns can be clarified by your club instructress.
- 3.2 Face to face or over the telephone. If you feel dissatisfied with the response from your club instructress, you can express your concerns to WZ Managers. If they are unable to provide an immediate response they will record the details of your concern, take your name and contact details and get back to you as soon as possible.
- 3.3 In writing. A letter detailing your concerns can be hand delivered or posted to your club instructress or WZ Managers. You will be contacted as soon as possible to acknowledge receipt of your concern.
- 3.4 What happens when you make a complaint? Once you have provided all the details on your concerns, the person you have spoken or written to will raise the issue at the next Teacher's meeting. Action will be taken to resolve these concerns and we will advise you of the outcome.

While we consider it is important for you to let us know about your concerns, we would be pleased to hear about those things that you appreciate us doing and wish to encourage you to write or tell us about these.